

Festive Afternoon Tea

A SEASONAL
TREAT FULL OF
FESTIVE CHEER

€35.00 per person

TEA SELECTION

IRISH BREAKFAST TEA

A smooth, well-balanced cup with a stout aroma

EARL GREY

An exquisite balance of briskness, strength, body, and vigour

DARJEELING

A sophisticated, fruity, and wonderfully complex tea with musical aromas

CHUNMEE GREEN TEA

China's favourite Green Tea. Soft, fruity aroma, high in antioxidants

JASMINE GREEN TEA

*Carefully selected Jasmine flowers are used to steam our first grade,
Spring flush Green Tea*

WHITE TEA (Pai Mu Tan) 1st grade,

*1st flush White Peony tea. Naturally very low in caffeine and high in
antioxidants*

PEPPERMINT DELIGHT

*A soothing tea with refreshing peppermint, liquorice, and fennel. Caffeine
free*

CHAMOMILE RELAX

A soothing and calming blend with sweet chamomile, rose, and fennel

ROOIBOS CACAO CHAI

A delicate, sweet flavoured blend of rooibos and oriental spices

BERRY FRUITY

*Refreshingly zesty with real blueberries and hibiscus. Caffeine free and no
added aromas*

At Fota Island Resort we use the best of locally sourced products &
wholesome natural ingredients.

If you suffer from, or have the potential to suffer from allergies, even
though the allergens are listed on the menus please contact one of our staff
and inform us of your dietary requirements.

1 Eggs | 2 Milk | 3 Shellfish | 4 Molluscs | 5 Fish | 6 Peanuts | 7 Sesame
| 8 Soya | 9 Sulphites | 10 Nuts | 11 Gluten | 12 Celery | 13 Mustard |
14 Lupin | (V) Vegetarian



SAVOURY

IRISH BEEF PASTRAMI

*lacto-preserved cabbage | horseradish mayonnaise |
wholegrain wrap*

1 | 2 | 9 | 11 wheat

GIN CURED SALMON

beetroot on house brown bread

1 | 2 | 5 | 9 | 11 wheat, hop, oat

CONNEMARA AIR DRIED CURED LAMB

juniper aioli | grapefruit | focaccia

1 | 2 | 11 wheat

GOAT'S CHEESE & CRANBERRY

basil wafer cone

1 | 2 | 11 wheat

SWEET

CARROT CAKE

1 | 2 | 11 wheat

GINGERBREAD MADELEINE

1 | 2 | 11 wheat

CRANBERRY & CINNAMON SCONES

clotted cream | raspberry jam

1 | 2 | 11 wheat

MINI BUCHE DE NOEL

caramel chestnut | chocolate

1 | 2 | 8 | 11 wheat

SHERRY TRIFLE

1 | 2 | 9 | 11 wheat

APPLE CRUMBLE MACARON

1 | 2 | 10 almonds | 11

SANTA'S COOKIES & MILK

1 | 2 | 8 | 11 wheat