



FOTA ISLAND
RUNNING CLUB



FOTA ISLAND RUNNING CLUB MEMBERSHIP FORM

Single 12 month Membership Fee €100.00

If current AI member please add membership number

Single Athletics Ireland Membership Fee payable direct to Athletics Ireland €20.00

Surname

First Name

Title

Address

Date of Birth

Tel

Email

Please outline any relevant medical condition (e.g. Asthma, Diabetes, High Blood Pressure)

Have you been a member of Athletics or Running club before? Yes No
Yes If yes, where

I hereby apply for membership of Fota Island Running Club and, if accepted, agree to abide by the Fota Island Running Club and Fota Island Resort Rules and conditions of use.

Signature Date

Payment Method

When completed please return application form for approval. If approved, you will be contacted regarding the joining procedure and relevant payments by a member of Fota Island Running Club committee.

HOTEL SPA GOLF CLUB GOLF ACADEMY LODGES

Fota Island Resort, Fota Island, Cork, Ireland. T (021) 467 3131 www.fotaisland.ie

FOTA ISLAND RUNNING CLUB

MEMBERSHIP FORM

The aim and objective of the club is to participate and compete in the sport of road and trail running and to offer coaching, advice and competitive opportunities for beginners and seasoned runners alike.

RECOMMEND A FRIEND TO JOIN RUNNING CLUB

Name	Tel	Email
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Fota Island Running Club Membership Terms and Conditions

- Annual membership only. Member must be 18 years of age or over.
- On receipt of your payment, members will receive a wristband which must be worn at all times while on the designated running routes.
- All members will be subject to the regulations of the constitution and by joining the club will be deemed to accept these regulations and codes of conduct that the club has adopted.
- All members must be registered with Athletics Ireland.
- Membership fees will be set annually and agreed by the management committee. Fees will be paid annually upon joining and renewal of future membership.
- Photographs/videos taken during sport-related events or training are the property of Fota Island Running Club for the promotion of the sport.
- The management accepts no responsibility for any loss or damage to person or property whilst on the premises.
- Fota Island Resort's management reserves the right to refuse or terminate membership application or renewal.
- Appropriate footwear, clothing and member's wristband must be worn when using the designated running routes.
- Fota Island Running Club members have access to all designated running routes 7am -9pm Monday to Sunday.
- Running on the golf Course or restricted areas is prohibited and will result in termination of membership.
- Recreational Building changing facilities are available 7am – 9pm Monday to Sunday for Running Club members. , except when booked by a sports team. In the event when a sports team has reserved the recreational building for private use, Running Club members will be notified in advance.
- Dogs are not allowed on Fota Island Resort grounds at any time.
- Use of Fota Island Spa facilities is not permitted.

Running Route Access

- Running routes are accessible from 7am – 9pm Monday to Sunday.
- Running routes are strictly for use for Running Club Members only.
- All signposts, rules and regulations must be adhered to.
- Running on the Golf Course or restricted areas is not permitted.
- Running Club wristbands must be worn and be visible at all times.
- You are required to show your wristband during spot checks.

For further information or queries please email us at fitness@fotaisland.ie