

# Fota Island Spa Dining

Fota Island Spa Signature Selections (Food available 1.00pm – 4.30pm)

**French Onion & Brie** €18

Caramelised Onions, Garlic Butter, Homemade Sourdough  
2 | 11 (wheat) | 9 | 13

**Fota Island Spa Club Sandwich** €22

Amber Club Free Range Turkey, Smoked Bacon, Tomato, Baby Gem, Egg Mayonnaise on  
Homemade Flaguette, Crisps  
1 | 2 | 9 | 11 (Wheat) | 13

**Fota Island Spa Steak Sandwich** €25

Steak Sandwich 6oz Sirloin served on a Crispy Baguette with Caramelised Onions, Mustard Mayo,  
Lettuce & Garlic Butter.  
1 | 2 | 8 | 9 | 10 (Traces of Nuts) | 11 (Wheat) | 13

**Fota Island Spa Waldorf Salad** €22

Mixed Lettuce, Baby Gem, Candied Walnuts, Pears, Apples, Grapes, Pomegranate, Feta, Blue Cheese  
Dressing  
2 | 10 | 11 | 9 (Wheat) | 12 | 13

**Cheese Selection For One** €20

Irish Cheese Selection, Crackers, Ballymaloe Relish, Irish Organic Honey (Vegetarian)  
1 | 2 | 7 (Sesame Seeds) | 11 (Wheat, Oat) | 13

**Irish Charcuterie Board For Two** €30

Irish Porter Cheddar, Wicklow Blue Brie, Gubbeen Chorizo, Gubbeen Salami, Red Apple, Pickled Vegetables,  
Brown Soda Bread and Grapes

## Desserts

Sticky Toffee Pudding with Fresh Cream €10

Chia Seed Pudding with Fresh Fruit €13

## Drinks

**Prosecco** 107 Bedin | Prosecco Frizzante Doc, Italy per Glass per Bottle  
Delicate Bubble, Fresh & Aromatic

**Red Wine** €12 €40

Malbec, Argentina | Familia Cassone, Madrigal  
Dark Chocolate, Violet & Blackcurrant, Oak Smooth

**White Wine** €10 €35

Chardonnay/Viognier, France | Duberny

**Non-Alcoholic Prosecco** €9 €32

**Complimentary Tea, Iced Tea & Coffee**

All dishes are freshly cooked with locally sourced ingredients. Please note that some of our dishes may contain nuts and that we do not knowingly use genetically modified food products. Items marked by a number contain one or more of the following:

1 Eggs | 2 Milk | 3 Shellfish | 4 Molluscs | 5 Fish | 6 Peanuts | 7 Sesame | 8 Soya | 9 Sulphites |  
10 Nuts | 11 Gluten | 12 Celery | 13 Mustard | 14 Lupin | (V) Vegetarian

**Please book your table with the Spa Reception Team**