

Fota Island Spa Dining

Signature Selections (Food available 1.00pm – 4.30pm)

Arrabiata

Rigatoni Pasta, Parmesan, Garlic Bread & Rocket

7 | 2 | 9 | 11 | 12 | 13

€22

Add Chicken €5

Fota Island Spa Club Sandwich

Amber Club Free Range Turkey, Smoked Bacon, Tomato, Baby Gem, Egg Mayonnaise on Homemade Flaguette, Crisps

7 | 2 | 9 | 11 (Wheat) | 13

€22

Fota Island Spa Steak Sandwich

Steak Sandwich 6oz Sirloin served on a Crispy Baguette with Caramelised Onions, Mustard Mayo, Lettuce & Garlic Butter

7 | 2 | 8 | 9 | 10 (Traces of Nuts) | 11 (Wheat) | 13

€25

Buddha Bowl

Citrus & Mint Quinoa, Chickpeas, Cherry Tomatoes, Olives, Feta, Roasted Red Peppers, Lemon, Tahini Dip

6 | 7 | 8 | 10 | 11 (Wheat) | 12 | 13 | V

€20

Burrata Salad

Heirloom Tomato, Burrata, Citrus Berries, Basil Pesto

2 | 9 | 12 | 13

€18

Cheese Selection For One

Irish Cheese Selection, Crackers, Ballymaloe Relish, Irish Organic Honey (Vegetarian)

7 | 2 | 7 (Sesame Seeds) | 11 (Wheat, Oat) | 13

€20

Irish Charcuterie Board For Two

Irish Porter Cheddar, Wicklow Blue Brie, Gubbeen Chorizo, Gubbeen Salami, Red Apple, Pickled Vegetables, Brown Soda Bread and Grapes

€30

Desserts

Sticky Toffee Pudding with Fresh Cream

Chia Seed Pudding with Fresh Fruit

Sacher-Torte with Blackcurrant Sorbet

€12

€13

€11

Drinks

Prosecco 107 Bedin | Prosecco Frizzante Doc, Italy

Delicate Bubble, Fresh & Aromatic

Per Glass

€12

Per Bottle

€40

Red Wine

Malbec, Argentina | Familia Cassone, Madrigal

Dark Chocolate, Violet & Blackcurrant, Oak Smooth

€11

€38

White Wine

Sauvignon Blanc, Montford Estate, Marlborough, New Zealand

€11

€42

Non-Alcoholic Prosecco

€9

€32

Complimentary Herbal Tea & Coffee

All dishes are freshly cooked with locally sourced ingredients. Please note that some of our dishes may contain nuts and that we do not knowingly use genetically modified food products. Items marked by a number contain one or more of the following:

1 Eggs | 2 Milk | 3 Shellfish | 4 Molluscs | 5 Fish | 6 Peanuts | 7 Sesame | 8 Soya | 9 Sulphites | 10 Nuts | 11 Gluten | 12 Celery | 13 Mustard | 14 Lupin | (V) Vegetarian

Please book your table with the Spa Reception Team