

Fota Island Spa Dining

Signature Selections (Food available 1.00pm – 4.30pm)

Arrabiata Rigatoni Pasta, Parmesan, Garlic Bread & Rocket 1 2 9 11 12 13	€22 Add Chicken €3
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Fota Island Spa Club Sandwich Amber Club Free Range Turkey, Smoked Bacon, Tomato, Baby Gem, Egg Mayonnaise on Homemade Flaguette, Crisps 1 2 9 11 (Wheat) 13	€22
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Fota Island Spa Steak Sandwich Steak Sandwich 6oz Sirloin served on a Crispy Baguette with Caramelised Onions, Mustard Mayo, Lettuce & Garlic Butter 1 2 8 9 10 (Traces of Nuts) 11 (Wheat) 13	€25
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Buddha Bowl Citrus & Mint Quinoa, Chickpeas, Cherry Tomatoes, Olives, Feta, Roasted Red Peppers, Lemon, Tahini Dip 6 7 8 10 11 (Wheat) 12 13 V	€20
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Burrata Salad Heirloom Tomato, Burrata, Citrus Berries, Basil Pesto 2 9 12 13	€18
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Cheese Selection For One Irish Cheese Selection, Crackers, Ballymaloe Relish, Irish Organic Honey (Vegetarian) 1 2 7 (Sesame Seeds) 11 (Wheat, Oat) 13	€20
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Irish Charcuterie Board For Two Irish Porter Cheddar, Wicklow Blue Brie, Gubbeen Chorizo, Gubbeen Salami, Red Apple, Pickled Vegetables, Brown Soda Bread and Grapes	€30
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Desserts

Sticky Toffee Pudding with Fresh Cream	€12
Chia Seed Pudding with Fresh Fruit	€13
Sacher-Torte with Blackcurrant Sorbet	€11

Drinks

	Per Glass	Per Bottle
Prosecco 107 Bedin Prosecco Frizzante Doc, Italy Delicate Bubble, Fresh & Aromatic	€12	€40
Red Wine Malbec, Argentina Familia Cassone, Madrigal Dark Chocolate, Violet & Blackcurrant, Oak Smooth	€11	€38
White Wine Sauvignon Blanc, Montford Estate, Marlborough, New Zealand	€11	€42
Non-Alcoholic Prosecco	€9	€32

Complimentary Herbal Tea & Coffee

All dishes are freshly cooked with locally sourced ingredients. Please note that some of our dishes may contain nuts and that we do not knowingly use genetically modified food products. Items marked by a number contain one or more of the following:
1 Eggs | 2 Milk | 3 Shellfish | 4 Molluscs | 5 Fish | 6 Peanuts | 7 Sesame | 8 Soya | 9 Sulphites |
10 Nuts | 11 Gluten | 12 Celery | 13 Mustard | 14 Lupin | (V) Vegetarian

Please book your table with the Spa Reception Team