Light Bites	
Soup of The Day Homemade Murphy's & Treacle Soda Bread, Irish Salted Butter 1   2   9   11   Wheat & Oats   12	8.50
<b>West Cork Seafood Chowder</b> Silky Pernod Velouté, Chunky Vegetables, Prime Fish Homemade Murphy's & Treacle Soda Bread, Irish Salted Butter 1   2   3   5   9   11 Wheat & Oats   12	12.50
Prawn Pil Pil Prawn in Pil Pil Sauce, Pickled Apple & Rocket Salad Toasted Sourdough 2   3   9   11   12   13	15.00
<b>Warm Beef Nachos</b> Warm Tortilla Chips, Pico de Gallo, Beef Chilli, Local Mozzarella, Guacamole & Sour Cream 2   9   11   12	15.00
Buffalo Chicken Wings Starter 12.50   Main with chips   House Hot Sauce, Celery Stick, Cashel Blue Cheese Dip 1   2   9   11 Wheat & Oats   12	5 19.50
Salads Moroccan Buddha Bowl Green Baby Leaves, Turmeric Rice, Pickled Red Onion, Beetroot Hummus, Sundried Tomato, Feta, Falafel, Mixed Seeds & Avocado	15.50
2  7   9   n   13 Add Chicken Add Prawns	3.00 5.00
<b>Black Pudding Salad</b> Warm Salad, Sautéed Baby Potatoes, Seasonal Leaves, Crispy Bacon, Tomato, Red Onion, Fresh Pomegranate & Apple	15.00
2 9 11 Barley 13 Add Chicken Add Prawns	3.00 5.00
<b>Basil &amp; Lemon Chicken Caesar Salad</b> Crispy Parma Ham, Baby Gem, Crispy Lardons, Garlic Croutons, Creamy Caesar Dressing 2 9 1 13 Add Prawns	17.50 5.00
Sharing	
Charcuterie Board Four Irish Cheeses, Cured Meat Selection, Pink Lady Apples, Celery, Walnuts, Grapes, Crackers, Relishes, Pickles 1   2   9   10 Walnuts   11 Wheat   12 - Sides	23.95
Skin On Fries, House Seasoning Beer Battered Onion Rings Creamed Potato Seasonal Vegetables Rocket & Parmesan Salad Dirty Fries All dishes are freshly cooked with locally sourced ingredients. Please note	5.50 5.50 5.50 5.50 5.50 6.75
that some of our dishes may contain nuts and that we do not knowingly us genetically modified food products. Items marked by a number contain of	se

that some of our dishes may contain nuts and that we do not knowingly use genetically modified food products. Items marked by a number contain one or more of the following: 1 Eggs | 2 Milk | 3 Shellfish | 4 Molluscs | 5 Fish | 6 Peanuts | 7 Sesame | 8 Soya | 9 Sulphites | 10 Nuts | 11 Gluten | 12 Celery | 13 Mustard | 14 Lupin | (V) Vegetarian

Our local suppliers list: McCarthy's Meat, Quigley Meat, Ballycotton Seafood, Glenmar Shellfish, Clona Dairy, All Fresh

## Sandwiches

Add soup €5.00   Add chips €5.00	
<b>Sourdough Country Loaf Toastie</b> Home-cooked Gammon, Cheddar, Tomato, Red Onion, Salad 1   2   9   11 Wheat   13	11.00
<b>Open King Prawn &amp; Smoked Salmon Sandwich</b> Pickled Cucumber & Red Onion, Orange & Beetroot Segments, Brandy Marie Rose Sauce, Murphy's Treacle Soda Bread 1   2   3   5   9   11 Oats & Wheat   13	17.50
<b>Crispy Battered Haddock Taco</b> Pico de Gallo, Crispy Gem Lettuce, Pickled Chilli, Tartare Sauce & Chipotle Mayo 1   2   5   9   11 Wheat   13	16.50
Warm Buffalo Chicken Wrap House Hot Sauce, Cheddar Cheese, Garlic Aioli & Crunchy Gem Lettuce 1   2   8   9   Wheat   13	15.95
<b>Vegetarian Falafel</b> On Toasted Flatbread with Beetroot Hummus, Pickled Cucumber, Red Onion, Sambal Dressing with Mint Yoghurt & Cherry Tomato 1   2   8   9   11 Wheat   13	14.95
<b>Roast of The Day Sandwich</b> Folláin Tomato Relish, Rocket, Hegarty Cheddar, Toasted Sourdough Ciabatta Bread, Gravy 2   9   11 Wheat   12   13	16.50
<b>Slow Cooked Ground Beef Chilli Taco</b> Gem Lettuce, Pico de Gallo, Mozzarella, Sour Cream 2   7   9   11 Wheat	17.50
Mains	
<b>Clubhouse Fish &amp; Chips</b> West Cork Haddock in a Light & Crispy Beer Batter, Skin on Fries, House Tartare Sauce, Pea Purée 1   2   5   11 Wheat	22.50
Open Hereford Steak Sandwich 50z Sirloin, Sautéed Mushroom, Rocket Leaves, Beer Battered Onion Rings & Skin on Chips Served, Jameson Pepper Sauce <i>Or</i> Garlic & Lemon Butter 2   9   11 Wheat   12	25.50
Pan Fried Catch of The DayPlease ask your server for fGarlic Potato Grattan, Charred Cauliflower, MangoPomegranate Salsa2   5   9   12	brice of fish
<b>Buffalo Chicken Burger</b> Marinated Chicken in Buttermilk & Cajun Seasoning, Spiced Flour Batter, House Hot Sauce, Hegarty Cheddar Cheese, Crème Fraîche, Beetroot Slaw, Skin On Fries 1   2   9   11 Wheat   13	22.50
<b>Barryscourt Burger</b> Double 40z Hereford Beef Chuck Burger, Bacon & Chorizo Jam, Hegarty Cheddar, Beef Tomato, Crispy Onions, Rocket, Beetroot Slaw, Skin on Fries, Chipotle Mayo 1   2   9   11 Wheat   13	22.50
<b>Thai Green Curry</b> Charred Vegetables, Almonds & Chilli Crunch & Mint Yoghurt, Turmeric Rice & Poppadom 2   8   9   10 Almonds Add Chicken Add Prawns	25.50
<b>Roast of the Day</b> Roasted Spiced Carrot Purée, Beef Dripping Roast Potato, Homemade Yorkshire Pudding	f the roast

1 | 2 | 9 | 12 | 13



